

The purpose of a Grace small group is to offer a safe place for women, who have experienced the pain and heartbreak of a past abortion, to journey toward healing and restoration in order to move forward into freedom from their secret.

It is a place where they can experience the redemptive power of God through the study of His word. In a small group setting, they connect with other women who are walking a similar path toward restoration.

It is a place in which one can stop wearing a mask and learn to be the person God created them to be and reflect His glory.

It is a place where **YOU** can stop living in the darkness of false shame and step into the light of God's redeeming love.

All inquiries and aspects of this group are kept confidential!

*Psalm 40:1-3*

*"I waited patiently for the Lord;  
he turned to me and heard my cry.  
He lifted me out of the slimy pit, out of  
the mud and mire; he set my feet on a  
rock and gave me a firm place to stand.  
He put a new song in my mouth,  
a hymn of praise to our God.*

*"It feels good to have a place where  
people understand my hurt."*

*~ Susan*

*"This is a group where I am safe and can be  
real, even if it isn't pretty."* ~ Patti

*"Going through Grace was one of the hardest yet most important steps  
that I've taken. I learned how feelings of guilt and shame were  
keeping me in bondage. I came to see how I inflicted pain on myself  
and on those I loved. But the most devastating effect of my unresolved  
pain was the distorted view it gave me of God. The Lord used this  
group to reveal His love for me and to save my life."* ~ Mary



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New Life Family Outreach is a 501c3 non-profit, non-denominational, non-political organization that is committed to providing compassion, information and support to women, couples and families facing the challenge of an unplanned pregnancy.

# Grace

Small group ministry for post-abortive women seeking spiritual and emotional peace



## Grace offers...

Sound Biblical teaching combined with group interaction that leads to healing of the emotional wounds left by abortion through an 8 week small group Bible study with women just like you.

It's COMPLETELY CONFIDENTIAL, non-denominational, and compassionately led by someone who has walked the journey through healing, restoration and freedom from their secret. Be assured that all information shared in group is held in the strictest confidence.

The group meets weekly for 8 weeks and is limited to 8 people - 6 participants and 2 leaders.

Once a group has started meeting, no new participants will be added until the next 8 week session begins.

### Some of the topics covered during the 8 week sessions include:

- Where have you come from
- Looking at the truth about abortion
- Anger - a time for tearing down roadblocks
- Forgiveness - the giant step toward freedom
- Guilt & Grief - the great exchange with God
- Peace - surrendering bondage for freedom
- Jesus and little children
- Sharing the journey

*you the life of  
freedom  
God desires for you!*

Millions of women silently carry the pain and heartache of a previous abortion. They try desperately to hide their secret deep in their hearts, and many suffer severe consequences from this decision. Guilt, shame, and unworthiness become overwhelming feelings in their lives.

### You are **NOT** alone!

As part of a **Grace** small group, you will find a safe place to connect with other women walking a similar path toward freedom who understand and will encourage you every step of the journey, along with reconciliation and peace in your soul.



## Do You...

STRUGGLE WITH  
GUILT, ANXIETY,  
DEPRESSION,  
ANGER?

Carry the secret  
heartbreak of a  
past abortion?

NEED A PLACE WHERE  
YOU CAN GROW TO  
BECOME THE PERSON  
GOD CREATED YOU TO BE,  
A VICTOR REFLECTING  
HIS GLORY?

want to take the  
next step toward  
healing, restoration,  
and freedom?

If so,

*Grace*  
may be for you.