

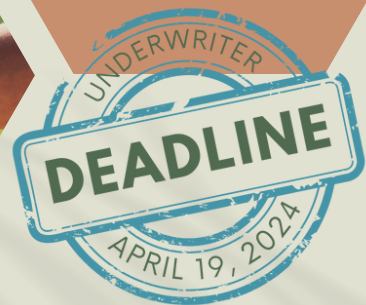
2024 WALK FOR LIFE & 5K

FUNDRAISER

- ✓ Rain or Shine
- ✓ Stroller & Family Friendly
- ✓ Raffles & Prizes
- ✓ Food and Fellowship
- ✓ 5K Completion Medal
- ✓ 5K Best time Awards for Youth & Adult Divisions

**MAY 4TH
10AM-1PM**

HIGH POINT
ATHLETIC
COMPLEX
TRACK



**SOWING
SEEDS
FOR
LIFE**





ZECH. 4:10

A woman's choice for life can start with the smallest seed of hope, love and compassion. Additionally, your active support plants seeds in the hearts and minds of those you influence to support pro-life efforts. Thank you for taking an active part in preparing the soil in the heart of many women, couples and family in our community.

SCAN REGISTER OR INQUIRE AT:



 mel.mcbryant@newlifehighpoint.org

 336-887-2232

Walker/Runner Information:			
First Name:		Last Name:	
Street Address:		Phone:	
City:	State:	Zip:	My Goal:
			\$
Email:		Church/Walk Team:	
How did you hear about the walk?:			

I am: Adult Student Pastor **Shirt Size:** Youth: S M L Adult: S M L XL XXL

I am unable to walk, but I will make a donation of: \$ _____

Sponsor Pledge: Please Print & Provide Complete Information
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First Name:		Last Name:	
Address:			
City:		State:	Zip:
Email:			
<input type="checkbox"/> \$25	<input type="checkbox"/> \$50	<input type="checkbox"/> Paid Cash	<input type="checkbox"/> Paid Check
<input type="checkbox"/> \$100	<input type="checkbox"/> \$_____	<input type="checkbox"/> Paid Online	<input type="checkbox"/> Bill Me

First Name:		Last Name:	
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Email:			
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Cash/Check Total: \$ Online Total: \$ Total Raised: \$

I understand that volunteering in this activity involves physical exertion. I certify that I am in good health and physically able to undertake in this activity. I assume all risk and responsibility for any damage, injury, or death to me or to my property, as well as related medical cost and expenses, which I any sustain while involved in this activity. By participating, I release, discharge, indemnify and forever hold New Life Family Outreach, its officers, agents, servants, employees', and directors from any and all claims and/or causes of action arising form my participation, including any damages which may be caused by their negligence.

Your Signature: Date:



WALK FOR LIFE & 5K

Please call 336.887.2232 or email: mel.mcbryant@newlifehighpoint.org

Questions?

Step 4: Bring your completed Walker/Runner Form(s) along with any collected money in an envelope the day of the event and we'll handle the billing. This total will be added to your online donations. Drop your envelope at the registration table. Lastly...start stretching!

Step 3: Record your sponsor donations. You can use that attached sponsor form to record cash and checks or you can encourage your sponsors to donate online through your personal fundraising page! Links are easy to share via text and email. Please be sure all names and addresses are complete and easy to read.

Step 2: Ask EVERYONE you know to sponsor you. You will be amazed how many people will say YES to helping you with your fundraising efforts. We are encouraging everyone to make it a family effort. Teach your children or grandchildren about the value of life and family by involving them in this philanthropic event. Children of all ages are welcome to come and participate.

Step 1: There are several ways to register for the walk. You can register as an individual for the 5K (a \$50 registration fee) or register to walk as an individual, a team captain, or as part of a registered team. You are able to register online via our website at www.friendsfornewlife.org/walk-for-life, by phone, or by email TODAY.

- Walk on your own even if you cannot join us!
- Come Rain or Shine. Prizes will be awarded to the 5K winners and to the individual who raised the most and to the team who raised the most. Everyone who registers for the 5K (\$50) or who raises \$50 in pledges will receive a Free Event T-shirt.
- Anyone can participate. The Walk for Life is a family-friendly event. It will be a short walk that will finish with refreshments, prizes, raffles, and music. Strollers are welcome.

It's Easy